



# INJECTION IQ: QUICK TIPS TO PREPARE FOR YOUR INJECTION

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## INDICATION

### What is STRENSIQ?

Strensiq is a prescription medicine used to treat people with perinatal/infantile- and juvenile-onset hypophosphatasia (HPP).

**Please see Important Safety Information on pages 5-6 and the accompanying full Prescribing Information including Patient Information and Instructions for Use.**

# INTRODUCING YOUR INJECTION IQ QUICK TIPS BOOKLET

STRENSIQ® (asfotase alfa) is a prescription medicine used to treat people with perinatal/infantile- and juvenile-onset hypophosphatasia (HPP). This booklet is meant to be used in conjunction with injection training from your doctor, nurse, or pharmacist. **Please use STRENSIQ exactly as your healthcare provider instructs you.** And be sure to store STRENSIQ correctly:

- Store STRENSIQ in its original carton in the refrigerator (between 36°F/2°C and 46°F/8°C) **Note: Do not freeze STRENSIQ or inject STRENSIQ that you suspect has been frozen. Do not use STRENSIQ after the expiration date printed on the carton.**
- Protect STRENSIQ from light until you are ready to use it
- **Do not** shake STRENSIQ vials
- STRENSIQ vials are for one-time use only. Throw away any unused STRENSIQ left in the vial

By keeping this **Quick Tips Booklet** close at hand—or on the fridge—you can always feel prepared for your injection. Remember, proper preparation can help lead to a positive injection experience!

## Getting ready for your injection

1. Remove STRENSIQ from the refrigerator 15-30 minutes prior to your injection. Be sure to use STRENSIQ within three hours of removing it from the refrigerator. **Note: Vial contents should appear clear or slightly yellow and may have small white particles. If vial contains lumps or discoloration, contact your healthcare provider for advice.**
2. Place items needed for injection on a clean, flat surface, like your Injection Supplies Mat. **Note: Items include vial(s), sterile syringe and needle, alcohol wipes, gauze, sharps disposal container.**
3. Wash your hands and properly clean your chosen injection site with an alcohol wipe. **Note: Let the alcohol dry before giving the injection.**
4. Rotate the injection site with each injection. When administering two separate injections for your prescribed dose, use two separate injection sites. **Do not** use the same site for each injection. **Note: Common injection sites include stomach, back of the upper arms, front of the upper legs (thighs), and buttocks. Do not inject STRENSIQ into the buttocks for infants.**
5. **Do not** inject in red, hot, or swollen areas, and avoid areas that might be irritated from a previous reaction.

## Preparing and giving the injection

1. Using your thumb, flip the plastic cap off vial.
2. Remove both syringe(s) and needle(s) from package.
3. Place the 25G needle on the tip of syringe. Push down and twist the needle onto syringe until tight.
4. Hold syringe with the needle pointing up. Pull back plunger until it reaches the line for your prescribed dose. Remove needle cap.  
**Note: Do not let needle touch anything else.**
5. Hold the STRENSIQ vial firmly on a flat surface, then push the needle through vial's rubber stopper.
6. Keeping the needle in the STRENSIQ vial, lift the vial and turn it upside down with the needle pointing toward the ceiling. Slowly push plunger all the way in.
7. With needle still in liquid, slowly pull plunger until top of plunger reaches the line slightly past your prescribed dose line.  
**Note: Do not pull needle out of vial.**
8. Slowly push plunger until the top reaches your prescribed dose line. Check syringe to make sure you have the right dose.
9. Turn vial upright. Pull needle straight out of vial's rubber stopper.
10. Hold syringe with the needle pointing up. Tap the barrel of syringe with your finger to remove air bubbles.

**If you think you are having a side effect, please reach out to your healthcare provider.**  
You may report side effects to the US Food and Drug Administration at 1-800-FDA-1088.

11. Carefully cap the needle. Twist the capped needle and remove it from syringe. **Note: Immediately dispose of needle in a sharps or other approved container.**
12. Place the 29G needle on the tip of syringe. Push down and twist the needle onto syringe until tight. Carefully remove the needle cap. **Note: Do not let needle touch anything else.**
13. Gently pinch skin at chosen injection site and insert the needle at a 90° angle or, if you do not have much fat, a 45° angle. Push plunger all the way in to give your dose.
14. Remove the needle at the same angle as inserted. If you see blood after you remove the needle, apply pressure to your injection site with gauze or alcohol wipe. **Note: Do not re-cap the needle before disposal.**

**Dispose of needles and/or syringes in an FDA-approved sharps disposal container or a household container made of heavy-duty plastic with a tight-fitting, puncture-resistant lid that can prevent sharps exposure.**

Household containers must be upright and stable during use, leak-resistant, and properly labeled to warn of hazardous waste inside the container.



**PANTHERx Rare™** can provide a **sharps disposal container** for people taking STRENSIQ. Please call PANTHERx Rare Pharmacy at **1-844-787-6747** to learn more.

For further state and local sharps disposal guidelines, visit [www.fda.gov/safesharpsdisposal](http://www.fda.gov/safesharpsdisposal).

## INDICATION & IMPORTANT SAFETY INFORMATION for STRENSIQ® (asfotase alfa) 40mg/mL vial

### INDICATION

#### What is STRENSIQ?

Strensiq is a prescription medicine used to treat people with perinatal/ infantile- and juvenile-onset hypophosphatasia (HPP).

### IMPORTANT SAFETY INFORMATION

#### What are the possible side effects of STRENSIQ?

#### STRENSIQ may cause serious side effects, including

- **Serious allergic (hypersensitivity) reactions** happened in some people who use STRENSIQ. Stop using STRENSIQ and go to the nearest hospital emergency room right away if you or your loved one have any of the signs and symptoms of a serious allergic reaction, including
  - Difficulty breathing
  - Swelling of your eyes, lips, or tongue
  - Hives
  - Feeling faint
  - Nausea or vomiting
  - Dizziness
  - Itching of your lips, tongue, or throat
  - Choking sensation
- **Skin thickening or pits at the injection site (lipodystrophy)** has happened several months after using STRENSIQ.
- **Calcium buildup in the eyes and kidneys** can occur if you or your loved one have HPP. Your healthcare provider should check the eyes and kidneys while you or your loved one use STRENSIQ.

- **Decreased efficacy.** Contact your healthcare provider if you or your loved one notice STRENSIQ is no longer working or experience worsening symptoms of HPP (e.g., increased respiratory support, increased difficulty walking, new fractures).

**The most common side effects of STRENSIQ include** local skin injection-site reactions (red skin patches, bruising, color change, pain, itching, thinning, swelling, pits, and bumps) and calcium buildup in your eyes and kidneys.

**Strensiq may affect other lab test results**, therefore it is important that you present your Medical Alert Card to your healthcare team so they are aware that you are being treated with an alkaline phosphatase (ALP) replacement therapy which may cause incorrect results on certain laboratory tests.

Tell your doctor if you are pregnant or plan to become pregnant or are breastfeeding or plan to breastfeed.

These are not all the possible side effects of STRENSIQ. For more information, ask your healthcare provider or pharmacist. Call your healthcare provider for medical advice about side effects. You may report side effects to the US Food and Drug Administration at 1-800-FDA-1088.

**Please see accompanying full Prescribing Information for STRENSIQ, including Patient Information and Instructions for Use.**

For additional information and treatment support, call OneSource™ at 1-888-765-4747, or visit [AlexionOneSource.com](https://www.AlexionOneSource.com). If you're interested in registering for a complimentary live or virtual educational event, visit [AlexionHPPEvents.com](https://www.AlexionHPPEvents.com).



This information is intended to provide general guidance; please always follow the full Prescribing Information and your healthcare provider's advice.

**Please see Important Safety Information on pages 5-6 and the accompanying full Prescribing Information including Patient Information and Instructions for Use.**



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